

A decorative banner with a rope border and a central oval containing the text 'XCEL SEMINARS'. The rope is yellow with a black outline and is arranged in a rectangular shape with rounded corners. Inside the rope border is a light yellow oval with a white outline. The text 'XCEL SEMINARS' is written in a bold, black, sans-serif font across the center of the oval. The background of the entire banner is a solid brown color.

XCEL SEMINARS



27th Annual Comprehensive Dental Skills Series

NOW as a LIVE WEBINAR Series w/LIVE CE Units

June 14, 2026: Introduction to Dental Sleep Medicine Dr. Erin Elliott is the past president and a diplomate of the American Sleep and Breathing Academy and has lectured extensively on Dental Sleep Medicine to help general dentists extend this life-saving service to their patients.

June 28: OSHA, Infection Control & the CA Dental Practice Act (can only be given by CA pre-approved CE providers) Leslie Canham, RDA, lectures nationwide using her unique humor and cutting-edge information to present tough subject matter in an interesting way.

**ALL LIVE WEBINARS ARE ON SUNDAYS, 8AM-3PM PACIFIC TIME
AND 7 LIVE CE UNITS - TUNE IN AND ENJOY OUR COURSES FROM ANYWHERE!**

**\$149 FOR THE JUNE 28 LECTURE,
\$299 FOR THE JUNE 14TH INTRO TO DENTAL SLEEP
MEDICINE OR BOTH COURSES (14 CA APPROVED
LIVE CEs) FOR ONLY \$349!**

COURSE TOPICS

Introduction to Dental Sleep Medicine (now included in the series):

Left untreated, sleep apnea can cause high blood pressure, stroke, heart conditions and diabetes. This course is based on real-life techniques prioritizing results with OSA therapy, beyond just the science, implementing a system that actually works. Teaching four steps to successful implementation – Awareness, Diagnosis, Financials & Treatment. Including: Overview of sleep & sleep apnea ♦ Overview of health consequences of untreated sleep apnea ♦ Creating awareness in the hygiene department ♦ How to get a diagnosis from a sleep physician ♦ Fundamentals of analyzing a sleep study ♦ Overview of treatment options ♦ How an oral appliance works & appliance selection ♦ Appointment by appointment treatment workflow

OSHA, Infection Control and the CA Dental Practice Act:

This course enables attendees to meet license renewal requirements and state and federal requirements for OSHA Bloodborne Pathogen training, & Infection Control. The California Dental Practice Act segment will include: Basic requirements of the Dental Board, how to avoid Dental Board problems AND Present actual case studies of dentists subjected to Board discipline.

TUITION	BOTH COURSES	EACH INDIVIDUAL COURSE
More than 14 days before an event	Dentist: \$349, Staff: \$249	June 14 Lecture Dentist: \$149, Staff: \$129 \$299 Bonus Intro to Dental Sleep Medicine
Less than 14 days before an event	Dentist: \$369, Staff: \$269	June 14 Lecture Dentist: \$169, Staff: \$149 \$319 Bonus Intro to Dental Sleep Medicine

Courses are 8AM-3PM Pacific Standard time and each course is 7 Live CE Units.

Last Name _____ First Name _____ Email _____ Phone _____
Address _____ City _____ State _____ Zip _____

Cancellation Policy: Series registration is non-refundable. For individual courses, with written cancellation at least 14 days prior to a seminar, a refund will be issued less a \$50 cancellation fee. No refund or credit less than 14 days from an event. Fees include all CE credits. It is an extra \$20 fee for all registrations less than 48 hours before the course.

Additional Registrants _____ Course Dates: _____ Total Amount _____

Register online at www.xcelseminars.com

Mail checks: Xcel Seminars, PO Box 441745, Aurora, CO 80044 • If you have any questions please call Erin at 310-663-4055 • Fax: (866) 332-5891



XCEL SEMINARS
Nationally Approved PACE Program
Provider for FAGD/MAGD credit.
Approval does not imply acceptance by
any regulatory authority or AGD endorsement.
(10/01/23) to (09/30/27).
Provider ID# 324914

Although Xcel Seminars does have sponsorship relationships with dental manufacturers and suppliers, we are dedicated to providing only evidence-based information in our courses. We are a California Board Approved provider, permit #4536, valid until 7/31/2027. Each of these courses meet the Dental Board of California's requirement for seven units of continuing education.

The logo consists of a thick, yellow rope with a black outline, forming a rectangular border with rounded corners. Inside this border is a horizontal oval with a light yellow background and a white outline. The text "CA. INST. of DENTAL EDUCATION" is centered within the oval in a bold, black, sans-serif font. The word "of" is smaller than the other words. The rope has a three-strand braid pattern.

CA. INST. of DENTAL EDUCATION

Adult Oral Sedation Certification COURSE

“Adding oral sedation to my skill set transformed my practice.

This course changed everything, I am now treating phobic patients who have neglected their teeth for years and the new patient referrals keep coming.”

— John Magnis DDS, Oxnard, CA

- Expand your practice/patient base by offering oral sedation for adults
- Preserve fearful adult patients and related productivity
- Perform dental work in fewer appointments
- Perform longer treatment sessions comfortably
- Will teach you SAFE guidelines for oral sedation for adults
- LIVE patient demonstration
- **California Dental Board approved course**
- **Course meets ADA guidelines; qualifies for most States for Oral (minimal) sedation permit***

*Check with your individual state for requirements for issuing an oral (minimal) sedation permit



Periklis Proussaefs DDS, MS

is a prosthodontist and Associate Professor at Loma Linda University. Dr. Proussaefs has received formal training in all forms of sedation since 1997. He has been providing dental care under I.V. (moderate) or oral (minimal) sedation. His seminars focus on patient safety, airway management, monitoring,

and handling emergencies. The course involves lecturing, hands-on training on a manikin, and real patient experience.

“Dear Dr. Periklis Proussaefs, Thank you for the wonderful course. I was doing conscious sedation for many years and took several renewal courses. Yours was indubitably the best. Very informative. Extremely to the point. Clear and very captivating. I learned a lot this Sunday and started work on Monday refreshed, energetic, and eager to use all my new knowledge. I strongly recommend this course to doctors who are willing to introduce sedation to their practice or the ones who need renewal. Thank you.”

—Anna Durkin DDS, general dentist, San Marcos, CA

“A definite must take class for any dentist to further your career. You will learn a lot.” —Kevin Chou DDS, general dentist, Bakersfield.

ADA C.E.R.P.[®]

Continuing Education Recognition Program



**SEDATION
CERTIFICATION**
July 24th – 26th, 2026

**ORAL SEDATION
RECERTIFICATION:**
July 25th -26th, 2026

ZOOM/VIRTUAL Version:

August 2, 2026

**IV MODERATE SEDATION
RECERTIFICATION**

July 25th -26th, 2026

ZOOM/VIRTUAL Version:

**August 1st (take-home assignment)
August 2nd (Zoom)**

25 CE Hour

Course Fee: ~~\$2700~~ **SUMMER Special! \$2,300**

Recertification Oral Sedation \$965
Recertification Moderate (I.V.) \$1500



C.I.D.E.

www.DentalOralSedation.com

(805) 676-1063

Autologous blood concentrates (PRP, PRF, i-PRF).

LIVE PATIENT DEMONSTRATION and laboratory hands-on practice WORKSHOP

The Blood concentrates workshop involves:

- Lecturing on the biologic principles for implementing autologous blood concentrates
- Review current literature on PRP, APRF, I-PRF etc.
- Review of the advantages and limitations of using autologous blood concentrates
- Review of surgical solutions when using PRFS
- **LIVE PATIENT DEMONSTRATION**
- **LABORATORY HANDS-ON EXPERIENCE** drawing blood from a mannequin (and from each other-optional)



Periklis Proussaefs DDS, MS

Dr. Proussaefs is a prosthodontist and Associate Professor at Loma Linda University. He is the founder of the California Institute of Dental Education. He has published over 55 peer-reviewed articles related to implant dentistry. Most of his award-winning publications involve bone grafting and alveolar ridge augmentation techniques. Dr. Proussaefs has been editorial board

member in several scientific journals with high impact factor. He is one of the first published authors back in 2001 in topics related to utilizing autologous blood concentrates in conjunction with bone grafting procedures. His seminars have an evidence-based approach enriched with his 20+ years of experience in advanced implant dentistry

WORKSHOP DATE:

August 15th 2026

8 CE Hour Credit

Course Fee:

~~**\$1,500**~~

Contact with us:

(805) 676-1063

SUMMER SPECIAL!
\$975