

The image features a decorative banner with a rope border. The rope is yellow with a black outline and is arranged in a rectangular shape with rounded corners. In the center of the banner is a light yellow oval with a white outline. Inside this oval, the text "XCEL SEMINARS" is written in a bold, black, sans-serif font. The background of the banner is a solid brown color.

**XCEL SEMINARS**



# 27th Annual Comprehensive Dental Skills Series

NOW as a LIVE WEBINAR Series w/LIVE CE Units

**March 1, 2026:** **Comprehensive Cosmetic Treatment Planning & Care: Morning Segment- Diagnostic & Treatment Planning for Full Arch Implant Cases** *Dr. Michael D. Scherer is a fellow of the American College of Prosthodontists & well known speaker and educator in prosthodontics and implant dentistry.* **Afternoon Segment- Clear Aligners in the Restorative Practice** *Dr. Melissa Shotell is a Board-Certified Orthodontist, practicing in a multi-specialty practice focusing on the interplay of Orthodontics and restorative treatment. Education is her passion and she regularly consults and lectures on dental technology, clear aligner therapy, orthodontics, office efficiency and teamwork.*

**March 29:** **Step-by-Step Restorations for Pediatric & Teen Populations (over half the day will be real-time restorations on typodonts and extracted teeth, demonstrated live, using overhead HD video)** *Dr. Joshua Solomon is an American Board of Pediatric Dentistry Diplomat, a 2nd generation pediatric dentist practicing in Livermore, CA for 20 years.*

**April 26:** **Treatment of the Worn Dentition & Functional Esthetic & Occlusal Excellence in an Analog & Digital World** *Dr. John Cranham practices in Chesapeake, Virginia focusing on esthetic dentistry, implant dentistry, occlusal reconstruction, TMJ/Facial Pain and solving complex problems with an interdisciplinary focus & was clinical director of the Dawson Academy.*

**May 17:** **Maximizing Direct Restorative Possibilities: Crushing Class II Composites & Closing the Gaps- Optimal Treatment of the "Dreaded Black Triangle"** *Dr. David Clark Has served on the editorial board for several journals & lectured in twenty countries. He redefined the way we think about restorative dentistry by developing modern systems and methods for cavity preps, special matrices, wedges, separators & bonding, restorative and polishing materials and methods.*

**June 28:** **OSHA, Infection Control & the CA Dental Practice Act (can only be given by CA pre-approved CE providers)** *Leslie Canham, RDA, lectures nationwide using her unique humor and cutting-edge information to present tough subject matter in an interesting way.*

**ALL LIVE WEBINARS ARE ON SUNDAYS, 8AM-3PM PACIFIC TIME  
AND 7 LIVE CE UNITS - TUNE IN AND ENJOY OUR COURSES FROM ANYWHERE!**

**\$149 FOR THE EACH LECTURE OR THE ENTIRE  
5 COURSE WEBINAR SERIES, 35 CA APPROVED  
LIVE CEs, FOR ONLY \$499 (THAT IS LESS THAN  
THE COST OF FOUR COURSES)!!**

**\$199  
BONUS  
INTERACTIVE  
SLEEP  
WEBINAR**

**June 14:** **Introduction to Dental Sleep Medicine** *Dr. Erin Elliott is the past president and a diplomate of the American Sleep and Breathing Academy and has lectured extensively on Dental Sleep Medicine to help general dentists extend this life-saving service to their patients.*

## COURSE TOPICS

**Comprehensive Cosmetic Treatment Planning & Care: Morning Segment- Diagnostic & Treatment Planning for Full-arch Implant Cases:** *This segment covers step-by-step "real-world" clinical practice procedures focusing on full-arch cases. Emphasis will be placed on practical skills for immediate office use, including:* Understand principles, theory, and fundamentals of full-arch restorations ♦ Exposure to various workflows treatment options for full-arch cases

**Afternoon Segment- Clear Aligners in the Restorative Practice:** *This segment introduces the basic principles of clear aligner therapy, including:* The mechanical design of clear aligners & key aspects of selecting aligners ♦ Understanding case selection, communication with patients, & fulfilling patient goals & expectations ♦ Understand interdisciplinary treatment including combined orthodontic & restorative treatment planning

**Step-by-Step Composite Restorations for Pediatric & Teen Populations:** *This course offers comprehensive, prescriptive instruction on how to confidently place esthetic, long-lasting restorations in both the anterior and posterior for primary and permanent teeth, generally only covered in our live, hands-on courses! Content includes:* Concepts in engineering-based prep design, enhanced magnification, anatomically accurate matrices, biofilm removal, and the use of heated composite ♦ Importance of Recall exam proficiency for the Dr. and Team ♦ Understanding Space Maintainers- when, why & how via a live video

**Functional Esthetic & Occlusal Excellence & Evaluation, Diagnosis & Treatment of Worn Dentition:** *Being able to design comprehensive treatment plans that will address occlusal, aesthetic, biologic principals along with the correct material selection and esthetic principles of smile design essential to the successful restorative practice. He will discuss detailed techniques to transfer the information from the planning stage to the patient for, orthodontic movement, and tooth prep. Objectives include:* Recognize causes of wear problems, essential patient data to gather & "clinical pearls" to predictably treatment plan & solve the problem ♦ Dental lab communication to drive an analog wax-up or a digital design ♦ How & when to safely open the vertical dimension of occlusion ♦ When and what kind of occlusal splint may be needed before & after treatment ♦ Working with specialists in complex, interdisciplinary cases ♦ How to choose correct restorative materials, efficiently obtain optimum intraoral diagnostic design scans & scan in maximum intercuspation & centric relation ♦ The GAME CHANGER scans that can be mounted on a virtual articulator in MINUTES- without STONE OR WAX! ♦ Tooth prep for veneers/crowns & is it possible to print provisionals on the spot? ♦ Techniques to optimize soft tissue retraction when scanning

**Maximizing Direct Restorative Possibilities: Crush Your Next Class II Restoration & Closing the Gaps: Optimal Treatment of the 'Dreaded Black Triangle':** *Until now, composite went "in" the tooth. Now we can go "around" the tooth. Learn to master rock solid contacts, appropriate shapes and contours to make your patients and yourself happy. Case-based examples and evidence-based insights will include:* Learn how injection molding is better, faster, and stronger than layering & whether injection molding or crowns are appropriate restorations ♦ How clear matrices are a game changer ♦ Why to use heated composite & selective caries removal is the new standard of care *Achieving seamless aesthetics in the anterior region is essential for patient satisfaction and clinical success. This segment will explore advanced techniques for closing gaps, including diastemas, black triangles, and peg laterals. Participants will learn how to use anatomic tooth forms, optimize heated composite handling, and how to achieve natural contours that blend flawlessly with existing dentition. Learn to:* Injection mold to treat black triangles, peg laterals, fractured teeth, and diastemas ♦ Achieve ultra glossy stain proof anterior restorations

**Introduction to Dental Sleep Medicine (not included in the series):** *Left untreated, sleep apnea can cause high blood pressure, stroke, heart conditions and diabetes. This course is based on real-life techniques prioritizing results with OSA therapy, beyond just the science, implementing a system that actually works. Teaching four steps to successful implementation – Awareness, Diagnosis, Financials & Treatment. Including:* Overview of sleep & sleep apnea ♦ Overview of health consequences of untreated sleep apnea ♦ Creating awareness in the hygiene department ♦ How to get a diagnosis from a sleep physician ♦ Fundamentals of analyzing a sleep study ♦ Overview of treatment options ♦ How an oral appliance works & appliance selection ♦ Appointment by appointment treatment workflow

**OSHA, Infection Control and the CA Dental Practice Act:** *This course enables attendees to meet license renewal requirements and state and federal requirements for OSHA Bloodborne Pathogen training, & Infection Control. The California Dental Practice Act segment will include:* Basic requirements of the Dental Board, how to avoid Dental Board problems AND Present actual case studies of dentists subjected to Board discipline.

TUITION	5 COURSE SERIES	EACH INDIVIDUAL COURSE
More than 14 days before an event	Dentist: \$499, Staff: \$399 \$199 for Bonus Intro to Dental Sleep Medicine	Lecture Dentist: \$149, Staff: \$129 \$299 for Bonus Intro to Dental Sleep Medicine
Less than 14 days before an event	Dentist: \$519, Staff: \$419 \$219 for Bonus Intro to Dental Sleep Medicine	Lecture Dentist: \$169, Staff: \$149 \$319 for Bonus Intro to Dental Sleep Medicine

Courses are 8AM-3PM Pacific Standard time and each course is 7 Live CE Units.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Cancellation Policy:** *Series registration is non-refundable. For individual courses, with written cancellation at least 14 days prior to a seminar, a refund will be issued less a \$50 cancellation fee. No refund or credit less than 14 days from an event. Fees include all CE credits. It is an extra \$20 fee for all registrations less than 48 hours before the course.*

Additional Registrants \_\_\_\_\_ Course Dates: \_\_\_\_\_ Total Amount \_\_\_\_\_

**Register online at [www.xcelseminars.com](http://www.xcelseminars.com)**

*Mail checks: Xcel Seminars, PO Box 441745, Aurora, CO 80044 • If you have any questions please call Erin at 310-663-4055 • Fax: (866) 332-5891*



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Provider for FAGD/MAGD credit.  
Approval does not imply acceptance by  
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(10/01/23) to (09/30/27).  
Provider ID# 324914

Although Xcel Seminars does have sponsorship relationships with dental manufacturers and suppliers, we are dedicated to providing only evidence-based information in our courses. We are a California Board Approved provider, permit #4536, valid until 7/31/2027. Each of these courses meet the Dental Board of California's requirement for seven units of continuing education.

The logo consists of a thick, yellow rope with a dark blue outline, forming a rectangular border with rounded corners. Inside this border is a light yellow oval with a white outline. The text "CA. INST. of DENTAL EDUCATION" is centered within the oval in a bold, black, sans-serif font. The word "of" is smaller than the other words. The background of the entire logo is a solid brown color.

**CA. INST. of DENTAL EDUCATION**

# Adult Oral Sedation Certification COURSE

**“Adding oral sedation to my skill set transformed my practice.**

This course changed everything, I am now treating phobic patients who have neglected their teeth for years and the new patient referrals keep coming.”

— John Magnis DDS, Oxnard, CA

- Expand your practice/patient base by offering oral sedation for adults
- Preserve fearful adult patients and related productivity
- Perform dental work in fewer appointments
- Perform longer treatment sessions comfortably
- Will teach you SAFE guidelines for oral sedation for adults
- LIVE patient demonstration
- **California Dental Board approved course**
- **Course meets ADA guidelines; qualifies for most States for Oral (minimal) sedation permit\***

\*Check with your individual state for requirements for issuing an oral (minimal) sedation permit



## **Periklis Proussaefs DDS, MS**

is a prosthodontist and Associate Professor at Loma Linda University. Dr. Proussaefs has received formal training in all forms of sedation since 1997. He has been providing dental care under I.V. (moderate) or oral (minimal) sedation. His seminars focus on patient safety, airway management, monitoring,

and handling emergencies. The course involves lecturing, hands-on training on a manikin, and real patient experience.

“Dear Dr. Periklis Proussaefs, Thank you for the wonderful course. I was doing conscious sedation for many years and took several renewal courses. Yours was indubitably the best. Very informative. Extremely to the point. Clear and very captivating. I learned a lot this Sunday and started work on Monday refreshed, energetic, and eager to use all my new knowledge. I strongly recommend this course to doctors who are willing to introduce sedation to their practice or the ones who need renewal. Thank you.”

—Anna Durkin DDS, general dentist, San Marcos, CA

“A definite must take class for any dentist to further your career. You will learn a lot.” —Kevin Chou DDS, general dentist, Bakersfield.

**ADA C.E.R.P.**<sup>®</sup>

Continuing Education Recognition Program



## **SEDATION CERTIFICATION**

**March 20-22, 2026**

## **ORAL SEDATION RECERTIFICATION:**

**March 21 or 22, 2026**

**ZOOM/VIRTUAL Version:**

**March 29, 2026**

## **IV MODERATE SEDATION RECERTIFICATION**

**March 21-22, 2026**

**ZOOM/VIRTUAL Version:**

**March 28 & 29, 2026**

**25 CE Hour  
Credit**

**Course Fee:**

~~**\$2700**~~

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\$2,300**

Recertification Oral Sedation \$965

Recertification Moderate (I.V.) \$1,500



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**C.I.D.E.**

**www.DentalOralSedation.com**

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# Autologous blood concentrates (PRP, PRF, i-PRF).

**LIVE PATIENT DEMONSTRATION and laboratory hands-on practice WORKSHOP**

The Blood concentrates workshop involves:

- Lecturing on the biologic principles for implementing autologous blood concentrates
- Review current literature on PRP, APRF, I-PRF etc.
- Review of the advantages and limitations of using autologous blood concentrates
- Review of surgical solutions when using PRFS
- **LIVE PATIENT DEMONSTRATION**
- **LABORATORY HANDS-ON EXPERIENCE** drawing blood from a mannequin (and from each other-optional)



## Periklis Proussaefs DDS, MS

Dr. Proussaefs is a prosthodontist and Associate Professor at Loma Linda University. He is the founder of the California Institute of Dental Education. He has published over 55 peer-reviewed articles related to implant dentistry. Most of his award-winning publications involve bone grafting and alveolar ridge augmentation techniques. Dr. Proussaefs has been editorial board

member in several scientific journals with high impact factor. He is one of the first published authors back in 2001 in topics related to utilizing autologous blood concentrates in conjunction with bone grafting procedures. His seminars have an evidence-based approach enriched with his 20+ years of experience in advanced implant dentistry

**WORKSHOP DATES:**

**APRIL 18<sup>TH</sup>, 2026**

**8 CE Hour Credit**

**Course Fee:**

~~**\$1,400**~~

**SPRING SPECIAL!**  
**\$975\***

Staff Members Participation \$600

**Contact with us:**

**(805) 676-1063**

