

A decorative banner with a rope border and a central oval containing the text 'XCEL SEMINARS'. The rope is yellow with a black outline and is arranged in a rectangular shape with rounded corners. Inside the rope border is a light yellow oval with a white outline. The text 'XCEL SEMINARS' is written in a bold, black, sans-serif font across the center of the oval. The background of the entire banner is a solid brown color.

**XCEL SEMINARS**



## 26th Annual Comprehensive Dental Skills Series

Fulfill CA NEW  
**MANDATORY**  
Opioid  
Requirement  
W/NOV. 16  
Webinar!

NOW as a LIVE WEBINAR Series w/LIVE CE Units

**Nov. 16, 2025:** Treating Complex Patients- Managing their Pain Complications and Care (including Implant complications & treating BRONJ patients) & Requirements of Prescribing Schedule II Opioid Drugs (now MANDATORY for ALL TX, IL & CA license renewals & can only be given by pre-approved CA CE providers) *Dr. Jay Reznick* -received his dental degree from Tufts University and MD from USC. He is a Diplomate of the American Board of Oral and Maxillofacial Surgery, has published and taught extensively and is on the editorial advisory boards of a number of Dental Journals.

**Dec. 14:** Fully Bioactive Restorations- Revolutionary SDF and Glass Ionomer Restorations for Adults (Including MANY Case Studies) *Dr. Douglas Young* is an expert in minimally invasive dentistry and cariology, is Professor Emeritus at UoP, served on the ADA Council of Scientific Affairs and has co-authored several seminal ADA papers including Clinical Practice Guidelines on caries management.

**Jan. 11, 2026:** Minimally Invasive Rehabilitation: A Healthier, Less Costly and More Predictable Approach *Dr Jose Luis Ruiz* is Founder of the "Supra-gingival Minimally Invasive Dentistry" movement, as well as founder and director of the Los Angeles Institute of Clinical Dentistry. Former Course Director of numerous CE Courses at USC.

**ALL LIVE WEBINARS ARE ON SUNDAYS, 8AM-3PM PACIFIC TIME  
AND 7 LIVE CE UNITS - TUNE IN AND ENJOY OUR COURSES FROM ANYWHERE!**

**\$149 FOR THE EACH LECTURE (7 CEs PER CLASS),  
& IF YOU BUY TWO COURSES YOU GET ONE FREE!**

## COURSE TOPICS

### Treating Complex Patients- Managing their Pain Complications and Care & Requirements of Prescribing Schedule II Opioid Drugs:

**Opioids Segment-** This course was designed to cover all the required CE Opioid topics for dentists to renew their state licenses. After completing this webinar, participants will be able to: Identify the types of opioid abuse that may be seen in patients ♦ Know opioid alternatives & be able to prescribe the procedure-appropriate doses ♦ Recognize the signs & symptoms of opioid overdose & how to administer an opioid antagonist drug ♦ Practice safe & effective management of dental pain **Bisphosphonate-Related Osteonecrosis of the Jaws (BRONJ)** is a complication of drugs used to treat osteoporosis & bone disease in a variety of cancers. Millions been exposed to these drugs & incomplete & misinformation complicates these patient's dental care. This course segment attempts to make some sense of it all, including: Understand which patients are at susceptible to developing and the presumed pathophysiology of the disorder ♦ Assess a patient's risk of developing BRONJ in association with a dental procedure & strategies to minimize BRONJ **Proper treatment planning & surgical techniques can avoid some implant complications, but others are unavoidable, even in the most capable hands. Early recognition and management is key to a successful outcome. This course will review the most common issues encountered, including:** Evaluate your implant planning using 3D CBCT software to ensure adequate spacing, bony support and long-term success ♦ Common complications of implant surgery and how to manage & avoid them ♦ Factors both reducing the risk of implant success & increasing the risk of implant failure.

### Fully Bioactive Restorations:

This presentation will teach the step-by-step the utilization of chemical treatments for caries disease at the patient level and minimally invasive dentistry (MID) at the tooth level. New tools, such as the ADA Caries Classification System (ADA CCS), selective caries removal, and chemical approaches like silver diamine fluoride (SDF) and glass ionomer cement (GIC), will be explored in detail. Numerous practical clinical cases will be presented. **Objectives include:** Perform a caries risk assessment and present science-based treatment options ♦ Classify caries lesions using the ADA CCS ♦ Use operative treatment only when necessary, using selective caries removal, GIC, and SDF to treat chemically at the tooth level ♦ Cover Step-by-Step Treatment Protocols for fully SDF & GIC restorations (NO composites needed)

### Minimally Invasive Rehabilitation:

5% to 15% of patients have severely damaged dentition & need a full mouth rehab but cannot afford it and many others would greatly benefit by opening their Vertical Dimension of Occlusion (VDO) to restore worn-out dentition. Dr. Ruiz offers a practical treatment approach using direct composite, partial coverage adhesive restorations & limited implants. Even partial mouth rehabs are like building remodels, meticulous design and diagnosis must be done before the first scoop of dirt is ever removed, (or before a hand piece touches the tooth). This fast-paced course will cover proper diagnosis to avoid problems, step by step techniques for partial and full mouth rehabilitation, as well as research and many clinical cases. **Learning objectives include:** Learn to treat larges cases in multiple stages, making it affordable ♦ Proper methodic diagnosis for this type cases, which will maximize success, satisfaction and minimize complications ♦ Learning techniques for proper adhesion of bonded rehabilitations ♦ How to implement occlusal treatment into an overall oral treatment ♦ When to use a semi-adjustable articulator and why it has great importance ♦ When to use a CR bite ♦ How to educate patients about occlusal disease, increasing case acceptance

TUITION	MULTI-COURSE DISCOUNT	EACH INDIVIDUAL COURSE
More than 14 days before an event	Buy Two Courses Get One FREE!	Lecture Dentist: \$149, Staff: \$129
Less than 14 days before an event	Buy Two Courses Get One FREE!	Lecture Dentist: \$169, Staff: \$149

Courses are 8AM-3PM Pacific Standard time and each course is 7 Live CE Units.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Cancellation Policy:** Series registration is non-refundable. For individual courses, with written cancellation at least 14 days prior to a seminar, a refund will be issued less a \$50 cancellation fee. No refund or credit less than 14 days from an event. Fees include all CE credits. It is an extra \$20 fee for all registrations less than 48 hours before the course.

Additional Registrants \_\_\_\_\_ Course Dates: \_\_\_\_\_ Total Amount \_\_\_\_\_

**Register online at [www.xcelseminars.com](http://www.xcelseminars.com)**

Mail checks: Xcel Seminars, PO Box 441745, Aurora, CO 80044 • If you have any questions please call Erin at 310-663-4055 • Fax: (866) 332-5891



XCEL SEMINARS  
Nationally Approved PACE Program  
Provider for FAGD/MAGD credit.  
Approval does not imply acceptance by  
any regulatory authority or AGD endorsement.  
(10/01/23) to (09/30/27).  
Provider ID# 324914

Although Xcel Seminars does have sponsorship relationships with dental manufacturers and suppliers, we are dedicated to providing only evidence-based information in our courses. We are a California Board Approved provider, permit #4536, valid until 7/31/2027. This course meets the Dental Board of California's requirement for seven units of continuing education.

The logo consists of a thick, yellow rope with a black outline, forming a rectangular border with rounded corners. Inside this border is a horizontal oval with a light yellow background and a white outline. Centered within the oval is the text "CA. INST. of DENTAL EDUCATION" in a bold, black, sans-serif font. The word "of" is smaller than the other words. The rope has a braided texture and ends in frayed tips at the top and bottom.

**CA. INST. of DENTAL EDUCATION**

# Adult Oral Sedation Certification COURSE

## “Adding oral sedation to my skill set transformed my practice.”

This course changed everything, I am now treating phobic patients who have neglected their teeth for years and the new patient referrals keep coming.”

— John Magnis DDS, Oxnard, CA

- Expand your practice/patient base by offering oral sedation for adults
- Preserve fearful adult patients and related productivity
- Perform dental work in fewer appointments
- Perform longer treatment sessions comfortably
- Will teach you SAFE guidelines for oral sedation for adults
- LIVE patient demonstration
- **California Dental Board approved course**
- **Course meets ADA guidelines; qualifies for most States for Oral (minimal) sedation permit\***

\*Check with your individual state for requirements for issuing an oral (minimal) sedation permit



### Periklis Proussaefs DDS, MS

is a prosthodontist and Associate Professor at Loma Linda University. Dr. Proussaefs has received formal training in all forms of sedation since 1997. He has been providing dental care under I.V. (moderate) or oral (minimal) sedation. His seminars focus on patient safety, airway management, monitoring,

and handling emergencies. The course involves lecturing, hands-on training on a manikin, and real patient experience.

“Dear Dr. Periklis Proussaefs, Thank you for the wonderful course. I was doing conscious sedation for many years and took several renewal courses. Yours was indubitably the best. Very informative. Extremely to the point. Clear and very captivating. I learned a lot this Sunday and started work on Monday refreshed, energetic, and eager to use all my new knowledge. I strongly recommend this course to doctors who are willing to introduce sedation to their practice or the ones who need renewal. Thank you.”

—Anna Durkin DDS, general dentist, San Marcos, CA

“A definite must take class for any dentist to further your career. You will learn a lot.” —Kevin Chou DDS, general dentist, Bakersfield.

**ADA C.E.R.P.**<sup>®</sup>

Continuing Education Recognition Program



## SEDATION CERTIFICATION

**December 12-14, 2025**

## ORAL SEDATION RECERTIFICATION:

**December 13 or 14, 2025**

**ZOOM/VIRTUAL Version:**

**December 7, 2025**

## IV MODERATE SEDATION RECERTIFICATION

**December 13-14, 2025**

**ZOOM/VIRTUAL Version:**

**December 6 & 7, 2025**

**25 CE Hour Credit**

**Course Fee:**

~~**\$2700**~~

**End of Year SPECIAL!**

**\$2,300**

Recertification Oral Sedation \$965

Recertification Moderate (I.V.) \$1,500



**C.I.D.E.**

**www.DentalOralSedation.com**

**(805) 676-1063**

# Autologous blood concentrates (PRP, PRF, i-PRF).

**LIVE PATIENT DEMONSTRATION and laboratory hands-on practice WORKSHOP**

The Blood concentrates workshop involves:

- Lecturing on the biologic principles for implementing autologous blood concentrates
- Review current literature on PRP, APRF, I-PRF etc.
- Review of the advantages and limitations of using autologous blood concentrates
- Review of surgical solutions when using PRFS
- **LIVE PATIENT DEMONSTRATION**
- **LABORATORY HANDS-ON EXPERIENCE** drawing blood from a mannequin (and from each other-optional)



## Periklis Proussaefs DDS, MS

Dr. Proussaefs is a prosthodontist and Associate Professor at Loma Linda University. He is the founder of the California Institute of Dental Education. He has published over 55 peer-reviewed articles related to implant dentistry. Most of his award-winning publications involve bone grafting and alveolar ridge augmentation techniques. Dr. Proussaefs has been editorial board

member in several scientific journals with high impact factor. He is one of the first published authors back in 2001 in topics related to utilizing autologous blood concentrates in conjunction with bone grafting procedures. His seminars have an evidence-based approach enriched with his 20+ years of experience in advanced implant dentistry

**WORKSHOP DATES:**

**DECEMBER 6<sup>TH</sup>, 2025**

**8 CE Hour Credit**

**Course Fee: ~~\$1,500~~ End of Year SPECIAL! \$1,200**

**Staff Members Participation \$600**

**Contact with us:**

**(805) 676-1063**

